

TOUCH
ME

**COIS
CÊIM
DANCE**





PROGRAMME NOTE

Welcome to CoisCéim Dance Theatre's performance of **Touch Me**.

In 1995, I made a new work titled **Reel Luck**, for the New Music New Dance Festival which looked at some of the issues that were then arising as Ireland was about to go on a journey into what is now known as the Celtic Tiger. 16 years later I went back to some of the material as a basis of this new work, **Touch Me**.

Over the last 12 months I set up interviews with many people about how they feel about our situation in Ireland today. I compiled ten questions which I asked as a background to my research for this piece. One of the many happy things I discovered about the answers was the incredible humanity that people shared with one another. At a time when news talks about the painful devastation of the economic crisis and what we may have lost, I noticed a huge amount of things people thought we may have gained, and the cyclical nature of history. It was very interesting to me that the first question I would ask people as an ice breaker was, "What makes you happy"? I was delighted to hear the response "Dancing" on many occasions.

My thanks to everybody who took part in the interviews and to the dancers for their personal input with physical stories and dialogue. I am honoured and humbled to be able to use dance as a tool to try to understand, to feel, to be touched by and physically respond to what is happening. In some ways **Touch Me** is not a comment, but rather a response through choreography to the accordion of emotions experienced daily. There is no doubt in my mind that the sheer breath of the material would never be able to be realised on stage. So my journey was one of enquiry, rather than of statement.

I am thrilled to welcome back to the company composer Kenneth Edge and his extraordinary talent as a musician. His music speaks from the soul with heartfelt accuracy. I am also delighted to have one of Ireland's finest theatre designers and artists Monica Frawley, alongside lighting designer Ian Scott and Ivan Birthistle and Vincent Doherty who have carefully considered the visual and aural environment for tonight's performance.

Thank you to everybody who was part of making **Touch Me** and I hope that you will find happiness in our dance.

DAVID BOLGER 2011



CREDITS

DIRECTOR & CHOREOGRAPHER DAVID BOLGER
COMPOSER KENNETH EDGE
SET & COSTUME DESIGN MONICA FRAWLEY
LIGHTING DESIGN IAN SCOTT
SOUND DESIGN IVAN BIRTHISTLE & VINCENT DOHERTY
VIDEO TECNICIAN KILLIAN WALTERS
PRODUCTION MANAGER LISA MAHONY
STAGE MANAGER CLIVE WELSH
ASSISTANT STAGE MANAGER STEPHANIE RYAN
CHIEF LX EOIN MCNINCH
SOUND OPERATORS IVAN BIRTHISTLE & VINCENT DOHERTY
SET CONSTRUCTION IAN THOMPSON
SCENIC ARTIST VINCENT BELL
PHOTOGRAPHY ROS KAVANAGH
GRAPHIC DESIGN CLICKWORKS
DIRECTOR COISCÉIM BROADREACH PHILIPPA DONNELLAN
COMPANY MANAGER SARAH LATTY
PRODUCER JENNY TRAYNOR

CAST

KENNETH EDGE
JEN FLEENOR
OLWEN GRINDLEY
JAMES HOSTY
ROBERT JACKSON
NICK MCGOUGH
EMMA O'KANE

COMPANY TEACHERS

MUIRNE BLOOMER
JEN FLEENOR
LAURA MACKIN
EMMA O'KANE

JOHN HINDE SLIDE
IMAGES
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WE WANT TO THANK EIMER MURPHY AT THE ABBEY THEATRE, ALAN FARQUHARSON, THE STAFF AT PROJECT ARTS CENTRE, TOWN HALL THEATRE, DRAÍOCHT, CIVIC THEATRE, CORK OPERA HOUSE, DUNAMAISE ARTS CENTRE, AND PAVILION THEATRE. THANKS ALSO TO THOSE WHO HAVE ASSISTED WITH THE SHOW SINCE GOING TO PRINT.

BIOGRAPHIES

DAVID BOLGER DIRECTOR & CHOREOGRAPHER

David is co-founder and Artistic Director of CoisCéim Dance Theatre. David has directed and choreographed over 20 original productions for the Company, many of which have toured both nationally and internationally, receiving prestigious awards for their innovation, performance and choreography. The Company was awarded two coveted Fringe First Awards at the Edinburgh Fringe Festival in 2006/2007. Recent productions for the Company include **Cello Counterpoint**, **Swimming with my Mother**, **Faun**, **Dodgers**, **Out of Harm's Way**, **Chamber Made**, **Nutcracker**, **Swept**, **Mermaids**, **Boxes**, **Rite of Spring**, **When Once is Never Enough**, **Dish of the Day**, **Toupees and Snare Drums**, **Ballads**, **Hit and Run**, **Straight With Curves**, **Reel Luck** and **Dances with Intent**.

In 2001, David co-wrote and choreographed the award winning film **Hit and Run** with John Comiskey which received The Paula Cifron Award for Choreography for the Camera at the Moving Pictures Festival, Toronto and The Jury Prize at The Dance on Camera Festival, Lincoln Centre, New York. David was also nominated for an American Choreography Award. David's most recent film, **Deep End Dance**, directed by Conor Horgan and produced by Wildfire Films, was nominated for an IFTA and won Best Short Film at the Boston Irish Film Festival. The film continues to screen at international film festivals and has recently been nominated for an IdILL Film Award. David's direction in Opera includes, **A Midsummer Night's Dream**, **Imeneo** and **Orfeo ed Euridice**, which received an Irish

Times Theatre Award for Best Opera Production in 2004. Other work in Opera includes, choreography for **Sophies Choice** at The Royal Opera House, Covent Garden and Assistant Direction and Choreography for **La Traviata** at English National Opera. Theatre Projects include **Dancing at Lughnasa** Théâtre du Nouveau Monde, Montreal, **The Relapse**, **The Coast of Utopia**, **Love's Labor's Lost** and **The Man of Mode** National Theatre, London; Cameron Mackintosh's production of **Martin Guerre** which toured the UK and USA; **The Pirates of Penzance**, **HMS Pinafore**, Guthrie Theater, USA; **Gone With the Wind**, New London Theatre; **Tarry Flynn**, **The Colleen Bawn**, **The Secret Fall of Constance Wilde**, **She Stoops to Folly**, **The Marriage of Figaro**, **The Man who Became a Legend** and **Big Maggie** at The Abbey Theatre; **The Playboy of The Western World**, **The Synge Cycle**, **Sive**, **Sharon's Grave**, **The Year of The Hiker**, **The Silver Tassie**, Druid Theatre Company. David's work on large scale arena events includes, **A Dash of Colour**, for the opening ceremony of the Special Olympics 2003, **Intimate Details**, for the Opening Ceremony of the Ryder Cup 2006 and the **Europa League Final**, Dublin 2011. Work on other film projects includes **Dancing at Lughnasa**, with Meryl Streep directed by Pat O'Connor and **Flatbed**, produced by Speers Films. Recently, David received an IVEY Award for his work on **HMS Pinafore** at the Guthrie Theatre. The show was recently televised on PBS network. David is a member of Aosdána.

MONICA FRAWLEY SET & COSTUME DESIGN

Monica trained at the NCAD, Dublin and the Central St Martin's, London. She has worked as a designer with the Abbey Theatre and the Gate Theatre in Dublin, Druid Theatre Company, Galway, The Guthrie Theater, Minneapolis, Opera Ireland and many theatres in the U.K., including The National Theatre, London, The Tricycle Theatre, London and The Traverse in Edinburgh. She won a London Time Out Theatre Award for **The Black Pig's Dyke** by Vincent Woods and an Irish Times Best Costume Design Award for Rough Magic's **The Taming of the Shrew**. Monica has designed many premieres of celebrated Irish dramatists, including, Frank McGuinness, Tom Murphy, Marina Carr and Brien Friel. Her freelance work includes **Song of the Yellow Bittern**, **Dracula** which she also directed, and **Waiting for Godot** for Druid Theatre. **The Silver Tassie**, **Too Late for Logic**, **The Gigli Concert**, **Conversations on a Homecoming**, **Translations**, **The Playboy of the Western World** and **Juno and the Paycock**, for the Abbey Theatre, Dublin; **Mutabilitie**, National Theatre, London; **The Dance of Death**, Tricycle Theatre, London; **Out of Harms Way** a dance piece for Tanztheater, Freiberg and CoisCéim Dance Theatre. Opera work includes **Orfeo ed Euridice**, **Imeneo**, **A Streetcar Named Desire**, **A Midsummer Night's Dream** (Opera Ireland) and **I Puritani** (Staadtheater Nuremberg). Her most recent design was **Burial at Thebes** by Seamus Heaney for the Guthrie Theater, Minneapolis.

IAN SCOTT LIGHTING DESIGN

Ian trained at Mountview. He worked with CoisCéim previously on **Knots** (2007). Recent theatre credits: **Blok/Eko** (The Wrestling School); **Basket Case** (Royal, Northampton & UK Tour); **The Summer House** (Fuel); **Corrie!** (UK Tour); **The 39 Steps** (Criterion Theatre); **You'll Never Walk Alone** (Royal Court, Liverpool) and **Reasons To Be Cheerful** (Graeae). Other theatre credits include: **Our Friends in the North** (Northern Stage); **Animal Farm** (West Yorkshire Playhouse); **Observe the Sons of Ulster Marching Towards the Somme** (Abbey Theatre); **Timeless**, **Mainstream** and **Lament** (Suspect Culture); **Oh! What a Lovely War** (Royal National Theatre); **Caledonia Dreaming** (7:84); **The Beauty Queen of Leenane** (Tron Theatre); **Inside** (Playing On/Roundhouse Studio); **Taylor's Dummies** (Gecko); **The Crock of Gold** (Storytellers); **Proper Clever** (Liverpool Playhouse); **The Garbage King** (Unicorn Theatre); **Shadow of a Gunman** and **Dancing at Lughnasa** (Lyric, Belfast); **Sinner** (Stan Won't Dance); **Savoy** and **Henry IV – Part One** (The Peacock); **Blasted** (Graeae) and **Stalinland** (Citizens Theatre).

IVAN BIRTHISTLE & VINCENT DOHERTY SOUND DESIGN

Vincent and Ivan work together on an ongoing collaborative basis. Past work includes: **Swimming With My Mother**, **As You Are**, **Faun**, **Boxes** (CoisCéim); **Dockers**, **The Absence of Women**, **The Beauty Queen of Leenane**, **Homeplace**, **Dancing at Lughnasa**, **Much Ado About Nothing**, **Shadow of a Gunman** and **True West** (The Lyric); **The Field** (Lane Productions); **Laundry** (ANU Productions); **It Only Ever Happens in the Movies**, **No Escape**, **Playboy**

of the Western World, Saved, Alice Trilogy and True West (The Abbey); **End of the Road, Big Ol' Piece of Cake, Rank, Noah and the Tower Flower, The Gist of It, Monged and Tadgh Stray Wandered In** (Fishamble); **Freefall, Mud, Foley and Lolita** (The Corn Exchange); **All in the Timing** (Innis Theatre Co.); **The Sanctuary Lamp** and **Honour** (b*spoKe); **Dying City, Pentecost** (Rough Magic); **This is Our Youth, Wedding Day at the Cro-Magnons', Roberto Zucco, This is Not a Life, Beckett's Ghosts, Shooting Gallery, Far Away** and **The Massacre @ Paris** (Bedrock); **Pineapple, Chatroom, All About Town and Wunderkind** (Calipo); **Miss Julie and Blackbird** (Landmark); **Ladies and Gents, God's Grace, Adrenalin** and **Slaughter** (Semper-Fi).

KENNETH EDGE **COMPOSER & PERFORMER**



Dublin Saxophonist Kenneth Edge is one of Ireland's leading and most innovative musicians, equally at home in many different musical genres. He studied with Sydney Egan in Dublin, John Harle in

London and Jean-Marie Londeix in Bordeaux. His music career began winning the 'RTÉ Young Musician of the Future' competition in 1983. Many awards followed, both for performance and composition. Kenneth's saxophone playing has inspired leading composers from different idioms to write new works for him, including John Buckley's **Concerto for Alto Sax and String Orchestra** which has been released on CD (Black Box) with Kenneth as soloist, joined by the Irish Chamber Orchestra. He is the featured

saxophone soloist on two movie soundtracks by the great American film composer Elmer Bernstein: **A Rage in Harlem** and **The Grifters**. Kenneth has recorded Ronald Binge's **Concerto** and Eric Coates' **Saxo-Rhapsody** with the Slovak Radio Symphony Orchestra, conducted by Ernest Tomlinson and Andrew Penny respectively, on the Naxos label. A new Concerto by the Irish composer, Brian Byrne, which was commissioned by RTÉ for Kenneth, received its world premiere in 2010. Other recent Concerto highlights include a performance of Darius Milhaud's **Scaramouche** for Alto Sax and Orchestra with Kenneth as soloist with the Ulster Orchestra conducted by Jean-Luc Tingaud, and concertos with the RTÉ Concert Orchestra and the Irish Youth Wind Ensemble. Kenneth has held the post of 'Artist in Residence' at the University of Limerick. He is currently composing music to commemorate the Dalai Lama's visit to Ireland in 2011 as part of a U.L. commission. He has used the voice of his saxophone to great effect in the realms of Irish traditional and World music, collaborating with artists such as Mícheál Ó Súilleabhain, Nikola Parov, Mairtín O Connor, Luka Bloom, Shaun Davey, Bill Whelan and Anuna. He was the original Saxophonist for **Rivdance** and Solo Clarinetist for the original Broadway production of Boubli and Schoenberg's – **The Pirate Queen**. Ken's previous work with CoisCéim includes compositions for **Dances with Intent, Reel Luck** and **Straight with Curves**. Compositions include **Aerdha** (Daghda Dance Company), **Three smiles that are worse than grief** for mixed choir commissioned by the University of Limerick. **Unfolding into stillness** for saxophone and dancer performed to commemorate the Dalai lamas visit to Ireland in 2011.

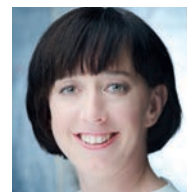
JEN FLEENOR **PERFORMER**



Jen, originally from Ohio, received a BFA Magna Cum Laude in dance performance and choreography from The University of Illinois at Urbana-Champaign. She then moved to New York City where

she performed and toured regularly with Steeledance, Michael Foley Dance, and John Evans, among others. Since moving to Ireland in 2001, Jen has performed with Daghdha Dance Company, Shakram Music and Dance Company, Fluxusdance, Catapult Dance Company and Opera Ireland as well as doing film and multi-media work with SmartLab Europe. In addition to **Touch Me**, Jen has also worked with CoisCéim, performing in **Hanging on by a Thread, Out of Harm's Way**, and **Knots**. Besides performance, Jen has taught contemporary dance, hip-hop fusion, dance in a community context, and movement for theatre extensively throughout the US, France, Ireland and Japan.

OLWEN GRINDLEY **PERFORMER**



Olwen trained as a dancer in Ireland, England and Germany. She has danced with Tanzcompagnie Giessen, New Balance Dance Company, Dance Theatre of Ireland, Daghdha

Dance Company, Shakram Music and

Dance Company, Crux Dance Theatre and choreographers Fiona Quilligan and Maurice Kelliher. Olwen has choreographed for the Gate Theatre, Second Age Theatre Company, Livin Dred, Classic Stage Ireland and Storytellers Theatre Company and has also acted in various productions. Olwen also teaches dance and is studying Osteopathy. She is delighted to be dancing with CoisCéim for the first time.

JAMES HOSTY **PERFORMER**

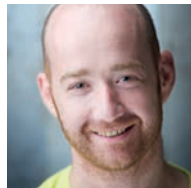


Dublin born James has performed previously with CoisCéim Dance Theatre in **Straight with Curves, Hit and Run, Ballads, The Rite of Spring, As You Are** and **Faun**. For CoisCéim Broadreach he

performed in **Hollow Ground**. Other Companies include The Abbey Theatre, RTÉ, The Beat Initiative, Claudette Walker, Cindy Cummings, Compagnie d'Après, Dance Theatre of Ireland, Don Bluthe Productions, Dos d'Ane, Dublin City Ballet, Fishamble Theatre Company, The Gaiety Theatre, Irish Modern Dance Theatre, Pan Pan, Paul Johnson, Rex Levitates, Rubatto Ballet, les Carnet Baguet, E&B productions, BBC and Tall Tales. Choreographies include: **Our Town** for the Beat Initiative, (The Youth of Northern Ireland at the Dome, London); **Guuturri** performance installation, (Sascha Perfect), **FlowGo a duet** (James Hosty, Rachel Sleet), **Doom Raider** (Fishamble), **Deflowerfucked** (Pan Pan, **Harold & Sophie** (The National Theatre Outreach Programme); **The Global Wedding Show** (Festival

of World Cultures); **Joyride**, a dance film collaboration with director Margret Corkery (RTÉ Dance on the Box); and **Noisemaker** a film documentary about Jinx Lennon, (RTÉ Arts Lives). **Soundscapes: But You Promised** by Sue Challis (The Chocolate Factory, Wood Green, London. The Marker Hall, Shrewsbury. Forthcoming; The Oriel Davis Gallery, New Town, Powys, Wales and The Focus Gallery, Wales). Video work includes the award winning video (Jango Video Awards) **26 Years** for the band Preachers Son and his solo work includes a series short films under the title **WDD WalkingDopeDesignsWokenDayDreams**

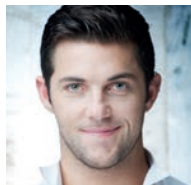
ROBERT JACKSON **PERFORMER**



Robert graduated from the Australian Ballet School in 1997. Two years ago, he began creating his own work in Spain. He has performed with CoisCéim for many years including **Rite of Spring**, **Mermaids**, **Nutcracker**,

Out of Harm's Way, **Knots**, **Faun** and **As You Are**. While based in Ireland, Robert performed with Dance Theatre of Ireland, Irish Modern Dance Theatre, Rex Levitates and Ciotog. Other companies include The Sydney Dance Company and Dancers Company (Australia); Compañía Cinquenta Cventas, Fernando Hurtado and Matxalehn Bilbao, (Spain); 2nd Nature Dance Company (Austria); Montreal Dance (Canada) among others.

NICK MCGOUGH **PERFORMER**



Nick is thrilled to be joining CoisCéim from NYC. From the age of 3 he has been training in all styles of dance but his passion lies in contemporary ballet. Credits: Tours – **Movin' Out** (Eddie, u/s James),

Cats (Tumblebrutus, Misto). Regional – **Tarzan** (aerialist), **HMS Pinafore** (swing), **Radio City Christmas Spectacular** (ensemble), **Tokyo Disney – Encore** (dancer). He would like to thank his high school teachers who saw his potential, his friends for their patience, his family for their love and support, David for this amazing opportunity, and most of all his Grandma and Grandpa for everything.

EMMA O'KANE **PERFORMER**



Emma trained at the Perm State Choreographic School, Russia. This year she celebrates 10 years with CoisCéim, as a core member with the company performing in **The Rite of Spring**, **Mermaids**, **Chamber**

Made, **The Nutcracker**, **Knots**, **Out of Harms Way**, **Hanging on by a Thread**, **Dodgems**, **As You Are** and **Cello Counterpoint**. Dance Europe voted Emma Outstanding Dancer Of The Year for her performance in CoisCéim's **Faun**. Together with Muirne Bloomer, Emma choreographed and performed **The Ballet Ruse** – nominated Best

Production, Absolut Fringe 2010 and shortlisted for a Total Theatre Award, Edinburgh Festival Fringe 2011. Other recent choreographic work includes **Laundry** (Anu Productions) **Solo Collective** (CoisCéim Broadreach/The Choreography Project) and **Four Told** (Project Arts Centre). Emma was Assistant Director on **A Midsummer Night's Dream** for Opera Ireland and for **Macbecks** (Long Road Productions). She featured in **Her Mother's Daughters**, an Arts Council/RTÉ Dance On The Box commission. As a freelance Dance Artist she has performed with The Nizhny Novgorod State Opera and Ballet Theatre in Russia, Dance Theatre of Ireland and Opera Ireland.

LISA MAHONY **PRODUCTION MANAGER**

Lisa's previous credits with CoisCéim include **Boxes** as production manager, **Faun** and **As You Are** as chief lighting technician and work on several CoisCéim Broadreach productions. Other recent work as a production manager includes **Man of Valour** and **Freefall** for Corn Exchange, **Five Ways to Drown** and **Drinking Dust** for Junk Ensemble, **Secondary Sources** and **Suedehead** for Rex Levitates and **In Real Time** for BrokenTalkers. Previously Lisa worked as a venue technician at Project Arts Centre, Dublin. She is a graduate of the B.A in Drama and Theatre Studies at Trinity College, Dublin.

KILLIAN WATERS **VIDEO TECHNICIAN**

Killian originally trained in video and film production. His interests in video innovation and new and dynamic theatre led him to his present work, providing video and technical solutions for live theatre performance. His Video Design work to date includes **The BlueBoy**, **In Real Time**, **Silver Stars** (Broken Talkers), **This Is Still Life** (Broken

Talkers and Dublin Youth Theatre), **Drinking Dust** and **The Rain Party** (Junk Ensemble) **A Dream Play** (National Youth Theatre), **The Colleen Bawn** (Bedrock Productions), and **Sizwe Bansi is Dead** (Camino De Orula Theatre Company). This work has included among other things the incorporation of a live television studio on stage, a live international video link between venues in Dublin and Belgium (and more recently Sweden). Killian has worked on many other projects on a consulting basis. Along with a keen interest in film and photography Killian enjoys the challenge of searching for new and interesting ways of incorporating video elements to live theatre performance.

CLIVE WELSH **STAGE MANAGER**

Clive worked with CoisCéim on **Swimming with My Mother** and on **Intimate Details**. Other recent work includes **The Lulu House** (Siren Productions), **Plaza Suite** (Rough Magic), **Slattery's Sago Saga** (The Performance Corporation) **Five Ways to Drown** (Junk Ensemble & Dublin Dance Festival), **Off Plan** (RAW); **Rank**, **Turning Point** (Fishamble) **The Vortex**, **Love and Money**, **Further Than The Furthest Thing** (Hatch Theatre); **Tenderfoot** (Civic Theatre); **The Last Days of Judas Iscariot** (Making Strange); **Macbecks** (Longroad); **Macbeth** (Siren); **Under Ice**, **The System Part II** (RAW) and **King Ubu** (Fineswine and Galway Arts Festival). Work at the Abbey Theatre includes **A Number**, **Saved**, **Terminus**, **Woman and Scarecrow** and **The Recruiting Officer**. Work in Opera includes **The Golden Ticket**, **The Ghosts of Versailles**, **Italian Postcard** (Wexford Festival Opera) **A Streetcar Named Desire**, **A Midsummer Night's Dream** (Opera Ireland) and **The Pearl Fishers** (Anna Livia).



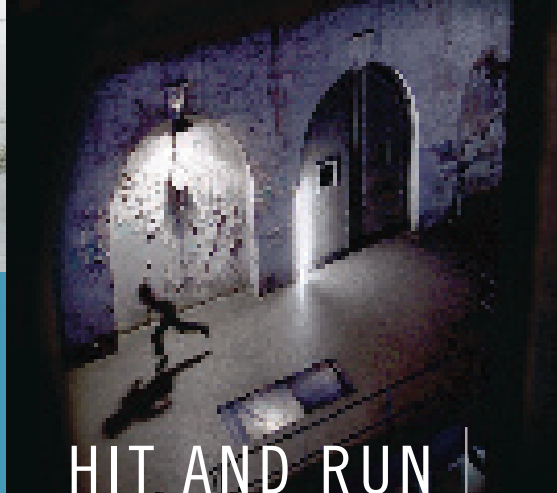
DANCE ANGELS

CoisCéim extends

thanks to our Angels in 2011:

Miranda Arkwright & Richard Evans, Gwen Bolger, Mary Boushel, Elma Carey, Lillian & Robert Chambers, Cliona de Bhaldraithe Marsh, Phelim Donlon, Jill Donnellan, Julian Erskine, H. Kawamichi, Daphne Millar, Martin J. Munroe, Brian Murray, Madeleine Nesbitt, Ruairí Ó Cuív, Gaby Smyth, Ciarán Walsh, Michael & Liz Welsh and to those who wish to remain anonymous.

The support of our Angels and our funders allows CoisCéim to be an exciting cultural force both nationally and internationally. If you would like to support CoisCéim in continuing to nurture growth, creativity and excellence, please see www.coisceim.com or email jenny@coisceim.com for further information.



HIT AND RUN

Hit & Run the film was co-produced by Sackville Films and Saffron Pictures and premiered at the Dublin International Dance Festival 2002. It has since screened at many prestigious festivals internationally and won the Paula Citron Award for Choreography for the Camera in the Moving Pictures Festival, Toronto and the Jury Prize in the Dance on Camera Festival at the Lincoln Centre, New York.

The film costs €10 and is available from CoisCéim.

Telephone **01 878 0558** or email info@coisceim.com

TOUCH ME **TOURING**: 2011 – 2012

PROJECT ARTS CENTRE	DUBLIN	9-19 NOV
TOWN HALL THEATRE	GALWAY	TUE 14 FEB
DRAÍOCHT	BLANCHARDSTOWN	THUR 16 FEB
CIVIC THEATRE	TALLAGHT	SAT 18 FEB
CORK OPERA HOUSE	CORK	TUE 21 FEB
DUNAMAISE ARTS CENTRE	PORTLAOISE	THUR 23 FEB
PAVILION THEATRE	DÚN LAOGHAIRE	SAT 25 FEB

FOR MORE INFORMATION ON OUR TOUR
LOG ON TO WWW.COISCEIM.COM

COISCÉIM BROADREACH

Under the Direction of Philippa Donnellan, Broadreach offers opportunities for people to participate in dance activities through classes, workshops and projects devised for specific communities of place or interest. Further information at www.coisceim.com

CLASSES FOR ADULTS

BALLET	BEGINNERS	WEDNESDAY 6.15 – 7.30PM
	INTERMEDIATE	THURSDAY 7.45 – 9.00PM
CONTEMPORARY	BEGINNERS	TUESDAY 6.15 – 7.30PM
	INTERMEDIATE	THURSDAY 6.15 – 7.40PM
JAZZ	ALL LEVELS	WEDNESDAY 7.45 – 9.00PM

€110 per 8 week course | €82 per 6 week course | €15 drop-in (subject to availability)

CLASSES FOR PEOPLE AGED 50+ Weekly, drop-in classes run at St Teresa's Church, Clarendon Street, Dublin 2 each Monday 11.00 – 12.15pm led by Cathy Coughlan and Wednesdays 2.00 – 3.30pm led by Philippa Donnellan. These classes are a relaxing and fun way to stay in shape. They combine easy stretch exercises and dance sequences to music which help maintain flexibility, strength, balance and coordination. The exercises can be done seated or standing. Each class lasts for up to 1½ hours and costs €5 per class.

THE CHOREOGRAPHY PROJECT Open to people interested in the choreographic process through to performance. Participants meet two-three times weekly over 6-8 weeks and are mentored by a professional choreographer to develop their own choreographic voices. Led by Muirne Bloomer, the sixth Choreography Project is currently underway and with participants taking the themes of Touch Me as a starting point to creating their own choreography.

COISCÉIM CREATIVE STEPS: A DANCE THEATRE GROUP FOR PEOPLE AGED 15-25

The group meets weekly and works with professional choreographers to create and perform their own dance theatre projects for stage and film. Auditions take place each September.

GIVE THE GIFT OF DANCE Vouchers available from CoisCéim at info@cosiceim.com or telephone **01 878 0558**

COISCÉIM DANCE THEATRE

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