

**COIS  
CÉIM  
DANCE**

**BROADREACH**



# **CREATIVE DANCE TALES**

**A WORKSHOP SERIES WITH COISCÉIM'S  
FRANCIS FOOTWORK IN 180° VIRTUAL REALITY**

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Comhairle Cathrach  
Bhaile Átha Cliath  
Dublin City Council

**WWW.COISCEIM.COM**

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# CREATIVE DANCE TALES

## A WORKSHOP SERIES for young people aged 7- 11

CREATIVE DANCE TALES offers young people an imaginative, kinaesthetic learning experience in dance. Led by an experienced professional dance teacher, it includes the opportunity to see CoisCéim Dance Theatre's FRANCIS FOOTWORK performance in Virtual Reality and to participate in 2 Creative Dance Workshops.

### About FRANCIS FOOTWORK by David Bolger

FRANCIS FOOTWORK is a story about freedom of expression and individuality. A cast of colourful characters, led by the fantastically rhythmic Francis Footwork, takes on the tyranny of King Two Lefties and Colonel HeadBanger in a fast paced dance adventure to some fantastic music.

*Now Francis Footwork is no ordinary girl – she is an extraordinary dancer. When kind - hearted King Two Lefties ascends to the throne, he is tricked by trusted adviser Colonel Headbanger to rule the land with an iron fist. He wants to end all dancing. So Francis teaches him a dance lesson he will never forget.*

***“Joyful, clever, entertaining, intricate, technically superb and with a heart of goodness, Francis Footwork is a pure and simple delight. – The Irish Times***

***“If it all sounds a little magical and wondrous, that’s because it is. As well as being one of the most exquisitely choreographed and beautifully produced pieces of dance theatre to be had anywhere... – The Arts Review***

***“A magical, marvellous take on dancing to your own tune” – The Sunday Business Post***

When FRANCIS FOOTWORK was filmed live at The Ark Cultural Centre for Children in Dublin, the two eyes of the 180° stereoscopic camera were sitting in the middle of the front row of the theatre – so when you watch through a Virtual Reality headset, you will feel like you are in the front row too, watching the performance in 3D! You can move your head and choose where you look, just like you would in a theatre. Participants watch by using a sanitised Pico 4k VR headset and CoisCéim's team are there to help so that it fits comfortably. See [www.coisceim.com/francisfootworkVR/](http://www.coisceim.com/francisfootworkVR/) for more details about the production.

***“It felt so real – you see things you don’t get to see in a theatre close up, it’s like your own personal show.”***

***“The dancing was brilliant!” “It really felt like they were right in the room with me – it made me want to dance!” “It was so cool!” - audience members***

## CREATIVE DANCE TALES | Workshops for young people aged 7 – 11

Primary school groups can take part in 2 CREATIVE DANCE TALES workshops which bookend a Virtual Reality screening of FRANCIS FOOTWORK.

Designed to help children's awareness of dance, the workshops will give them an understanding of the story and main characters and will draw from the wonderful choreography of FRANCIS FOOTWORK. Guided by the dance teacher, the young people will explore themes from the show through simple, lively movement tasks, varied exercises, and fun dance activities. Together, they will be encouraged to share and exchange ideas, and respond to all they have experienced by inventing a unique creative dance tale of their own making.

# GENERAL INFORMATION

- **FRANCIS FOOTWORK with CREATIVE DANCE TALES** is delivered in 2 parts which are typically one week apart:
  - **Part 1: Workshop #1 (duration 60 minutes)**
  - **Part 2: VR screening immediately followed by Workshop #2 (duration 90 minutes)**
- **SUITABLE** for young people from First to Sixth year primary education, workshops can be tailor-made according to the particular setting, age and ability of participants. In mixed age groups it is recommended there is no more than 3 years between the oldest and youngest participant. Please note VR may not be suitable for people who are highly photosensitive.
- **MAXIMUM NUMBER OF YOUNG PARTICIPANTS:** 24
- For legal reasons all CREATIVE DANCE TALES workshops must have a teacher present throughout the session
- CoisCéim Dance Theatre is an organisation fully committed to safeguarding the welfare of all children, young people and vulnerable adults. Please see <https://coisceim.com/about-us/working-with-us/> to access our CHILD AND VULNERABLE ADULT PROTECTION POLICY and CHILD SAFEGUARDING STATEMENT

## PRACTICAL REQUIREMENTS

- **WHAT TO WEAR:** Participants should wear loose comfortable clothing such as tracksuit or similar/ bare feet or trainers if preferable. No jeans or loose jewellery.
- **LOCATION:** The workshop space should be quiet, large and warm, with a wooden floor. Minimum size 13.5 m x 10m. For Part 2, which includes the VR presentation, the school must provide 24 chairs for the audience + 2 chairs and 1 table for the AV technicians
- **DRINKING WATER** is required.
- **MUSIC:** CoisCéim will provide a music/sound system, and teaching resource material as required.
- **VIRTUAL REALITY:** For Part 2, CoisCéim will 'theatricalise' the room, with a circle of printed dance floor, flight case and coloured lighting. CoisCéim will provide VR Headsets and will demonstrate how to wear them. AV Technicians will be present for the duration of the presentation.



Photo: Jim Carroll

# ABOUT CREATIVE DANCE TALES

## STORYTELLING THROUGH DANCE

CREATIVE DANCE TALES is a Broadreach programme designed to link with the Primary School Physical Education (Creative Dance) and Visual Arts Curriculum through 'looking at and responding to art', with the aim of encouraging 'additional ways of learning for children and enable them to record real or imagined ideas and feelings' (Arts Curriculum, NCCA; 1999). It began as a pilot workshop series supported by The Ireland Funds in 2015.

As part of CREATIVE DANCE TALES, Broadreach offers in-school workshops led by professional dance teachers and also a Digital Resource Pack - a tool box which can promote integrated learning. The Digital Resource was designed with the Physical Education Unit School of Arts Education and Movement at DCU to promote creative dance as part of the physical education curriculum, to inform and encourage a cross curricular approach to learning, and contribute to developing varied pedagogical practices in dance. It is available for download through the Arts in Education Portal.

[WWW.COISCEIM.COM/DIGITAL-RESOURCE/](http://WWW.COISCEIM.COM/DIGITAL-RESOURCE/)

# COISCÉIM BROADREACH

## CREATIVITY, PARTICIPATION, ACCESS

BROADREACH exists to increase access to, understanding of and participation in dance. Established in 2006, it provides high quality opportunities for thousands of people annually to meaningfully participate in creative dance and interdisciplinary projects annually – through unique programmes to engage in the artform and initiatives that are coherently linked to the performance programme.

[WWW.COISCEIM.COM/ABOUT-BROADREACH/](http://WWW.COISCEIM.COM/ABOUT-BROADREACH/)

# COISCÉIM DANCE THEATRE

CoisCéim Dance Theatre is one of Ireland's leading dance companies known for its expertise and track record in presenting highly original work to audiences large and small across artforms and media. Led by David Bolger, a member of Aosdána, our work is benchmarked with the best in the world and celebrated for its artistic excellence. It challenges, stimulates, inspires and entertains - seen on international stages including 14-18NOW & LIFT (UK), Peak Performances, Jacobs Pillow Dance Festival (USA), Sydney Opera House and Venice Biennale. In tandem with the performance programme the company conducts an integrated, inventive artform awareness and participation initiative: Broadreach. Established in 2006, its activities are pioneering, targeting all sections of the population in an exciting and innovative manner to create a genuine curiosity in dance. CoisCéim is proud to be funded by the Arts Council of Ireland and supported by Dublin City Council and Culture Ireland. Find out more at [www.coisceim.com](http://www.coisceim.com).

# BROADREACH | CONTACT US

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